

BSARCS

Lynne Casserly - Development Manager
Barnsley Sexual Abuse & Rape Crisis Services

Barnsley Sexual Abuse & Rape Crisis Services

- Formed in 1987 by volunteers and called Barnsley Rape Crisis
- Helpline opened in 1989 – women only service
- 1996 recruited first paid staff and changed name to Barnsley Sexual Abuse & Rape Crisis Helpline (BSARCH)
- 2006 BSARCH employs its first ISVA with funding from the Home Office
- 2008 moved into The Core
- 2011 changed name to Barnsley Sexual Abuse & Rape Crisis Services (BSARCS), increased range of services and capacity...

Services

- Counselling for women and men (non-time limited)
- Provide SARC specialist counselling
- Children & Young People Specialist Support/Therapy
- Independent Sexual Violence Advocates
- Women's Group
- Men's Group
- Child Sexual Exploitation - preventative training
- CSE – Group work
- Helpline/Email/Text support
- Support for partners and family
- Web, Facebook and Twitter presence

Our Staff – Children & Young People

- **Practice Manager** – qualified social worker (33 years), formerly Parenting Support Strategy Manager, safeguarding lead (children)
- **CISVA** – Barrister specialising in family law with experience of working in social care - (looked after children)
- **Children's Therapist** – qualified social worker (16 years), BSc Psychology, MA Social Studies, Child Therapy diploma. 14 years experience with the NSPCC. Specialises in working with traumatised children, family work & foster caring.
- **Specialist CSE Trainer** – 12+ years experience with sexually exploited young people, formerly with Risky Business. From a teaching background with statutory project management experience. Tackling Gang Violence Co-ordinator, Leeds.

Our Staff – Adults

- **ISVA** – Nationally Qualified, accredited ISVA. Qualified Social Worker with 20+ years experience.
- **Supervising Counsellor** – Post Graduate Level 7 Counselling Supervision, Clinical Hypnotherapy, youth work, health improvement
- **Counsellors** – Counselling Diploma, BSc Therapeutic Counselling, Master Hypnotherapist Diploma, Master NLP Practitioner, PTTLS Level 4, experience with MIND, NHS, schools, Barnsley Hospice, Shelter

Service Statistics 2013/14

- Worked with just under 1000 women, men and children
- 76% report historical abuse
- Delivered over 1100 advocacy sessions
- Delivered over 3000 sessions of therapy and emotional support
- Offered 400 telephone helpline sessions
- 12% clients male
- Delivered over 50 awareness raising presentations to over 2000 people.
- Offered over 50 confidence building training and groupwork sessions

Long Term Effects of Sexual Abuse

- **7 times** more likely to need mental health services
- **13 times** more likely to abuse alcohol
- **26 times** more likely to abuse drugs
- **6 times** more likely to attempt suicide
- **8 times** more likely to continue to attempt suicide

World Health Organisation 2002

Meetings & Forums

- The Rape Scrutiny Panel, hosted by the CPS to look at how joint working can improve the justice process for clients.
- RASSO – Rape and Serious Sexual Offences working group, hosted by South Yorkshire Police.
- Access to Health – hosted by the NHS – joint regional work to improve the services available to our client group in regards to health and wellbeing.
- CSE Forum
- CSE Gold Strategy Group – SYP Regional Meeting
- CSE Strategy Group – Barnsley
- Rape Crisis England and Wales – National Board

Funding

- Trainer & Children's Therapist (18.5 hours) - Comic Relief to **February 2017**
- Children's Practice Manager & CISVA - Children in Need to **March 2016**
- Awarded Home Office funding from the Male Rape Support Fund (£25k) to **March 2016**
- BMBC £5,290 to **March 2015**
- Ministry of Justice funding (£60K) to **March 2016**
- ISVA – Home Office to **March 2016**

Services to be cut drastically in April if no further funding

Future

- **Training** - School Staff
Foster Carers
Frontline Police Officers/PCSO's
Parents – general awareness and targeted
Social Care Staff
- **Therapy** - Post abuse therapy – much more is needed
Family Therapy
- **Group Work** - Parents, Young people, Men and Women
- **CSE Project Staff** - Unable to meet demand

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